



Healthy Streets

Lucy Saunders FFPH

10 Healthy Streets Indicators



Healthy Streets Toolkit



 Segment 1: from b
 Source
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Valuing the health benefits of transport schemes

Guidance for London

MAYOR OF LONDON



Small Change, Big Impact A practical guide to changing London's public spaces

Delivering the Healthy Streets Approach

MAYOR OF LONDON





Guide to the Healthy Streets Indicators Delivering the Healthy Streets Approach MAYOR OF LONDON

An analytical tool

• Summarises the essential aspects of the 10 Healthy

Streets Indicators using questions as prompts

- Use to qualitatively assess the Healthy Streets Indicators
- Easy to understand
- Photos and examples









Guide to the Healthy Streets Indicators Delivering the Healthy Streets Approach



Easy to cross

Streets without suitable crossing facilities make walking and cycling less appealing. They can be a significant barrier to some people travelling on foot or bike. The types of crossing needed will vary, but on all streets it should be easy for people of all ages and abilities to find a safe place to cross without having to go out of their way.

Questions

- · Can people cross the road safely at the point they would find most convenient?
- · Does the amount and speed of traffic make it difficult for people to cross the road?
- Are the crossings provided suitable for the type of street, the amount of traffic and nearby uses eg doctor's surgery or school?
- · Are crossings accessible to everyone?
- Do people need to walk to a junction to find a safe and accessible place to cross?
- Can people walking and cycling pedestrians and cyclists cross safely, directly and comfortably at junctions?
- · Are people waiting a long time for a green man at pedestrian crossings?
- Is there enough time for everyone to cross without feeling rushed, including mobility impaired people or people crossing with children?
- · Is there good visibility so that people crossing can see oncoming traffic and be seen?
- Where pavements get crowded, is there enough space for people to wait and are crossings wide enough for the amount of people using them?
- Could crossings where people have to wait on an island in the middle of the road be made more comfortable to use?
- Have the entrances to side streets been narrowed and raised to pavement level to give clear priority to people walking and make drivers slow down?
- Does the amount and location of car parking and loading bays make it difficult for people to cross the road?



Combining zebra and cycle crossings gives priority to people using a walking and cycling route where it crosses another street. Crossings should be positioned to provide a direct connection and avoid the need for people to go out of their way to cross.

Lower Clapton Road, LB Hackney



A raised area at the midpoint of a street makes it possible for mobility impaired people, and those pushing buggies or travelling with luggage to cross easily and safely. It also helps slow traffic.

Langham Road, LB Haringey



Raising and narrowing the carriageway at side roads helps to slow traffic and makes it easier for people walking to cross.

Catford Road, LB Lewisham



Crossings should be as direct as possible but on streets with very heavy traffic it is sometimes necessary to split pedestrian crossings, providing space for people to wait in the middle of the road. This space needs to be large enough to comfortably accommodate people waiting to cross.

Wood Green High Road, LB Haringey

The name of the Indicator

A short summary of what the Indicator is about

A list of prompt questions that you can use to

- visualise the breadth of what the Indicator
 - covers
- assess a street
- assess proposals for a project

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lood Green High Road, LB Haringey

11

Four examples of different <ways that improvements against the Indicator can be delivered locally

Recommends key steps for improving streets:

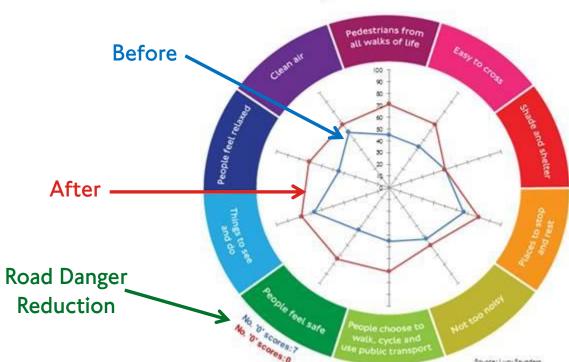
-) Use street space differently
- 2) Reduce traffic speeds
- 3) Reduce traffic volumes
- 4) Cut down on clutter
- 5) More planting
- 6) Deal with left over spaces
- 7) Make sure the street is overlooked
- 8) Promote community ownership
- 9) Keep the street clean

Healthy Streets Check for Designers

A design tool

- Developed for **street designers** to ensure their proposals are consistent with the Healthy Street Approach.
- This tool is **available online** for all to use for **free**
- It is a technical assessment of the street based on 31 metrics mapped to the 10 Healthy Streets Indicators. The output is a Healthy Street Check Score

Healthy Streets Check scores



Healthy Streets Indicators' scores (%)

Results will only display once all metrics have been scored

	Existing layout	Proposed layout
Pedestrians from all walks of life	45	71
Easy to cross	43	67
Shade and shelter	50	50
Places to stop and rest	67	80
Not too noisy	53	60
People choose to walk, cycle and use public	45	71
People feel safe	44	74
Things to see and do	67	78
People feel relaxed	45	71
Clean Air	58	67
Overall Healthy Streets Check score	47	71
Number of '0' scores	7	0

Source: Lucy Saunders

What is this tool for?

Assessment

This tool shows how the elements of a street that are within the gift of the designer to influence perform against the Healthy Streets Indicators.

Guidance

It can be used to help guide designers to identify, for a specific location, where and how performance against the Healthy Streets Indicators could be improved.

Communications

It can also be used to communicate to stakeholders how a street performs against the Healthy Streets Indicators and how a proposed change to the street layout and use will deliver changes against the Healthy Streets Indicators.

Who uses the tool?



The tool is very technical and should only be used by people who have been trained to use it.

The tool is for project officers and designers to review existing or proposed street layouts against the ten Healthy Streets Indicators.

Which projects?

The Check should be carried out for any project that is expected to make a significant change to people's experience of the street environment.

When do you use the tool?

When change is being considered

The tool helps guide designers to identify, for a specific location, where and how performance against the Healthy Streets Indicators could be improved. It should therefore be applied to the location where a change is planned to identify what improvements are needed.

Options appraisal

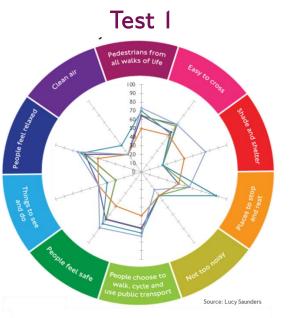
It should then be applied to the different design options to help decide which option to deliver.

Public engagement

The scores produced for the existing street layout and the proposed change can then be presented to stakeholders to help describe the impacts of the proposal.

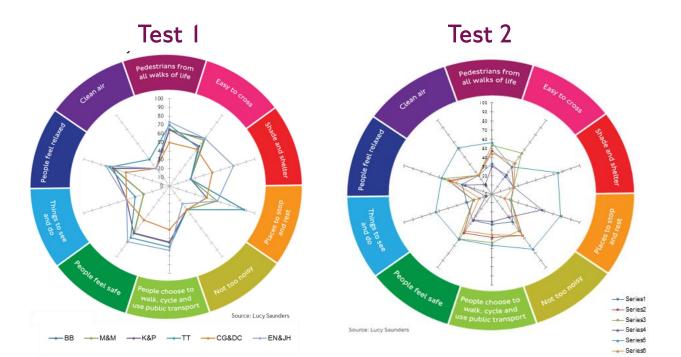
How was the tool developed?

- The Healthy Streets Check was first developed in draft form in 2015.
- The Mayor of London and TfL Commissioner committed to TfL using the tool in 2016.
- A working group was established. The group processed feedback on the draft tool from a wide range of technical experts and created a version that was widely acceptable and applicable.
- The draft Check was tested three times on the same scheme with refinements following the first two tests until the third test showed consistent results across a number of independent designers.



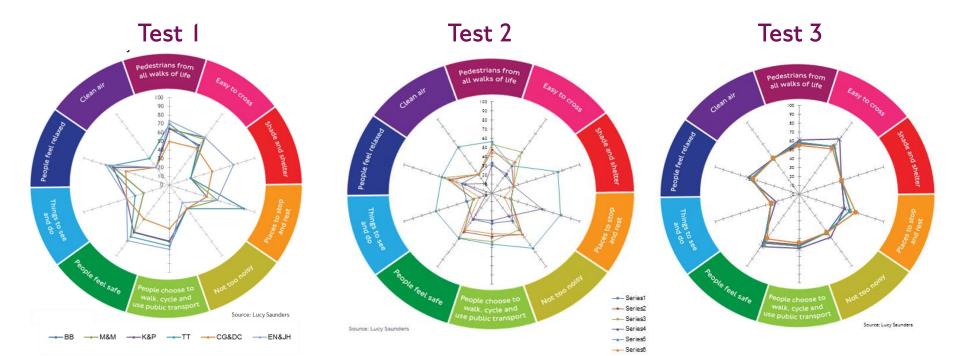
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How the tool works

Page 1 of the tool gives a quick start guide and records project details

		·····, ····,						
Here the user fills out details of the area covered by the Check	7	Please fill in the information below: Name of scheme: Scheme owner: Design stage: Design iteration:		How many seg Segment 1: Segment 2: Segment 3: Segment 4: Segment 5:	Iments will be asses	sed? from (side street)	to (side street)	
Quick Start Guide reminds the user of essential information on where, when and by whom the Check	7	Who should use this? This Check tool is for people involved in the design of street environments, primarily traffic engineers and urban designers. It is a technical tool that requires a good understanding of street engineering and traffic management to use it. With training and experience the Check results for a given street should not vary significantly from practitioner to practitioner. The Guide to Healthy Streets Indicators is a more accessible and general guidefor a wider audience to qualitatively assess a street against the 10 Indicators of a Healthy Street. When should the Check be applied? The Healthy Streets Check can be applied to existing streets and to designs of proposed street layouts. At the earliest	Defining the study area Yolved in the design of street ngineers and urban designers. s a good understanding of anagement to use it. With exc results for a given street no reactitioner to practitioner. no reactitioner to practitioner. dicators is a more accessible differer is a junction between a minor road you assess the minor road junctions on it, you do not assess any junct differer to qualitatively assess s of a Healthy Street. Lied?					
should be used.		and to design we recommend reading the Guide to Healthy Streets Indicators for a rounded understanding of the broad range of issues to consider in design. TL Streets cape Guidance and other design guidance in the TL Streets Toolkit should be used in the design process to meet best practice standards. The Check does not replace any standard audit procedures and should be considered as having the status of supplementary guidance. The optimum time to consider using the Check is during option assessment where the benefits of individual options can be compared against the existing conditions.	 Highway layout drawings which can be prive the prive transmission of transmissi	movements. /el of service and quality model. ure some elemer vings and text box	pedestrian desire cro its of the street's desi ies should always inc	ssinglines. gn (through CAD drawings or icate any change to the exist	ing condition.	
		Where should you use the Healthy Streets Check? The Healthy Streets Check is suitable for application to a segment of street that has a uniform character and at least one junction. The Healthy Streets Check should not be applied to segments of street with varying form and function.	Every effort should be madeto gather the da should make estimates based on the best inf It is strongly advised to carry-out on-site visit defects on the walking/cycling surface, spaci Some metrics are scored based on data for w scheme should be assessed based on peak	formation availabl s as some eleme ing between tree o vhich values vary	e. nts of the Check cann canopies).	ot be answered by looking at	a drawing or other data (e.g.	

Welcome to the Healthy Streets Check for designers

Quick Start Guide advises how to define study area and what data they need before they can get started.

How to define the area to apply the tool

- The Healthy Streets Check is suitable for application to a segment of street that has a uniform character and at least one junction.
- The Healthy Streets Check should not be applied to segments of street with varying form and function.
- Start by splitting the street into segments that are similar in form and function.
- Each segment should include at least one junction.
- For large schemes affecting a long stretch of street or several streets, the Healthy Streets Check should be applied to a series of segments.
- If you are assessing a minor road you assess the minor road junctions on it, you do not assess any junctions with major roads. If there is a junction between a minor road and a major road, the junction should be assessed as part of the major road's segment.

Collecting the data to apply the tool

- To complete the Healthy Streets Check you will need the following data/material:
 - Highway layout drawings which can be printed to scale or with dimensions on them.
 - Urban design layout with material choice.
 - Classified traffic counts, including turning movements.
 - Pedestrian data to estimate pedestrian level of service and pedestrian desire crossing lines.
 - Traffic speed with 85th percentile.
 - Traffic lights stages and timing.
 - NO2 concentrations derived from TfL's air quality model.
- If you cannot get hold of the data needed you should make estimates based on the best information available.
- You need to accurately measure some elements of the street's design (through CAD drawings or with scale ruler).
- You should carry-out on-site visits to existing streets to assess defects on the walking/cycling surface, spacing between tree canopies etc.
- Some metrics are scored based on data for which values vary by time of day (e.g. traffic volume and speed, HGV traffic). In these cases, the scheme should be assessed based on peak hour data.

The metrics

There are 31 metrics to measure.

Each metric is scored at its weakest point

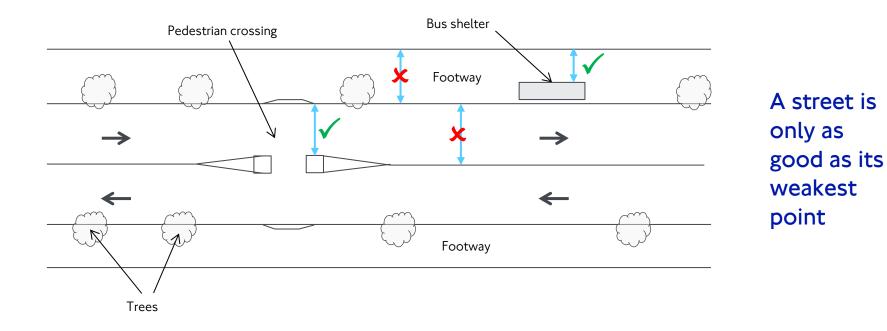
Metrics cover the following....

- Volume, through movement and speed of motorised traffic
- Interaction between large vehicles and people cycling
- Traffic Noise
- NO2 concentrations
- Crossings
- Footway width and shared use
- Collision risk for people cycling
- Sufficient space for cycling
- Surface quality for walking and cycling
- Surveillance of public space
- Lighting
- Cycle parking
- Street trees and planting
- Resting points
- Shelter
- Bus priority
- Public transport accessibility

The weakest point

Every metric must be assessed for its weakest point on any street or design.

For example, the "Width of clear continuous walking space" and "Effective width for cycling" metrics are to be measured at the narrowest section of the route.



The same standards for all streets?

- The same Healthy Streets Check standards are to be applied to all streets regardless of their Street Type and functions.
- Health is not a relative concept. The Check assesses the extent to which the street provides an environment that protects and improves human health.
- All streets can improve their Healthy Streets Check score regardless of their function.

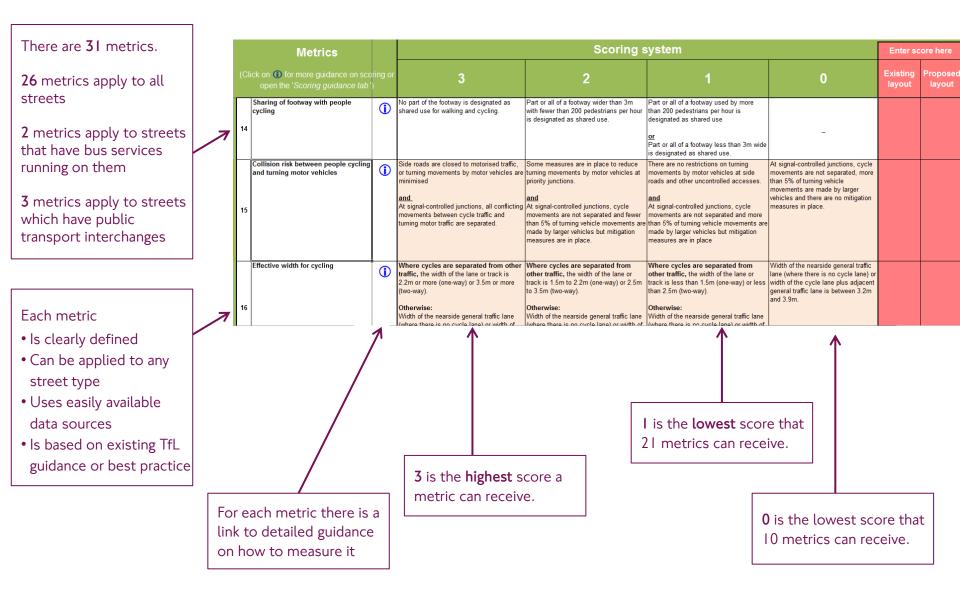
The streets below are very different in form but all M3 / P1



Street Types: a framework to categorise streets based on their place and movement functions. Every street in London falls into one of 9 'Street types' depending on its role in moving people and goods versus its role as a place that attracts people.



How the tool works



How the score is produced

Segment 1: from

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	Metrics		Scoring s	system		Enter score here			
s	(Click on 🕕 for more guidance oring or open the ' <i>Scoring guid</i> <i>tab</i> ')	3	2	1	0	Existing layout	Propose d layout		Once a score has
1	Total volume of motorised traffic	There are fewer than 500 vehicles per hour at peak.	There are 500 to 1000 vehicles per hour at peak.	hour at peak, where people cycling are separated from motorised traffic.	There are more than 1000 vehicles per hour at peak, where people cycling are mixed with motorised traffic.	0	1	<	been given in the
2	lateraction between large vehicles and people cycling	There will be no large exhicles using the street, or cycle traffic is separated from motorised traffic.	The proportion of large vehicles is less than 2% of motorised traffic, Tam to Tpm.	The proportion of large vehicles is 2% to 5% of motorised traffic, Tam to Tpm at The proportion of large vehicles is greater than 5% of motorised traffic, Tam to Tpm, and people are cycling either: - in a nearside general traffic lane or bus lane at least 4.5m wide, or - in a cyclic lane where the combined width of the cyclic lane and the next general traffic lane is at least 4.5m.	The proportion of large vehicles i greater than 55 of motorised traffic, Tam to Tpm, and people are cycling either: - in a nearcide general traffic lane of bue lane less than 4.5m wide, or - in a cycle lane where the combined width of the cycle lane and the next general traffic lane is less than 4.5m.	0	4		drop down menu the cell turns from pink to white If a metric scores
3	Speed of motorised traffic	85th percentile speed is less than 20mph SI Existing 85th percentile speed is 20 to 25 mph, but there are some proposals to reduce speed further. SI	85th percentile speed is 20 to 25mph 81 Existing 85th percentile speed is 25 to 30 mph, but there are some proposals to reduce speed further.	85th percentile speed is 25 to 30mph 91 Existing 85th percentile speed is greater than 30 mph, but there are some proposals to reduce speed further.	85th percentile speed is greater than 30mph ar Existing 85th percentile speed is greater than 30 mph, and there are no proposals to reduce this speed.	1	2		'0' it is highlighted in red
4	Traffic noise based on peak hour motorised traffic volumes	There are fewer than 55 vehicles per hour (c. <58 DB).	There are 55 to 450 vehicles per hour (c. 58-70 DB).	There are more than 450 vehicles per hour (c. >70 DB).	-	1	1	K	
5	Noise from large rehicles	The proportion of large vehicles is less than 5% (c. +0 to +3DB).	The proportion of large vehicles is 5 to 10% (c. +3 to +5 DB).	The proportion of large vehicles is greater than 10% (c. +5 DB and over).	-	1	1		A new design may
6	Atmospheric Emission Inventory)	If assessing existing: The NO2 concentration is less than 32µg/m3. If assessing proposal: The existing NO2 concentration is less than 32µg/m3 gr the existing concentration is 32 to 40µg/m3 with local traffic volume reduction measures proposed.	If assessing existing: The NO2 concentration is 32 to 40µg/m3. If assessing proposal: The existing NO2 concentration is 32 to 40µg/m3 with no proposal to reduce local traffic volume <u>or</u> the existing NO2 concentration is greater than 40µg/m3 with local traffic volume reduction measures proposed.	If assessing existing: The NO2 concentration is greater than 40µg/m3 (legal limit value). If assessing proposal: The existing NO2 concentration is greater than 40µg/m3 with no proposal to reduce local traffic volume.	-	1	1		not improve the score on individual metrics but the overall score for
7	Private car use reduction	There is no through-movement for motorised traffic, with access limited to local residents, deliveries and public service vehicles.	There are some time or movement restrictions for motorised traffic.	There are no access restrictions for motorised traffic.	-	1	2		Indicators can still increase because
8	Confort of crossing side roads for pedestrians.	Side roads are closed to motor traffic <u>or</u> Side roads are one-way out for motor vehicles and have features to encourage drivers to turn cautiously.	for motor vehicles, and have features to encourage drivers to turn cautiously.	Side roads have dropped kerbs only.	Side roads have no dropped kerbs.	1	3		multiple metrics contribute to each
9	Mid-link crossings, to meet desire lines.	Main desire lines across links are met by crossings suitable for all users at all times.	Main desire lines across links are met by crossings that are suitable some of the time but that do not meet demand all of the time.	Main desire lines across links are not met by pedestrian crossings.	-	2	3		Indicator score.
10		Crossing is uncontrolled, with conflicting traffic volume less than 200 vehicles per how at the set of the set of the set of the set of the set of the set of the set of the crossing is signalised so that people crossing the main carriageway have priority, while traffic on the main carriageway has on-demand green	Crossing is uncontrolled, with conflicting traffic volume between 200 and 1000 vehicles per hour gr Crossing is signalised and straight- across where the distance to cross is less than 15m or greater than 15m in a 20mph speed limit gr Crossing is signalised and staggred where the distance to cross is greater than 15m in a 30mphs speed limit	Crossing is uncontrolled, with conflicting traffic volume greater than 1000 vehicles per hour su Crossing is signalised and straight- across where the distance to cross is greater than 15m in a 30mph+ speed limit	-	1	3	<	These 2 columns are the only parts of the spreadsheet the user can change

How the score is produced

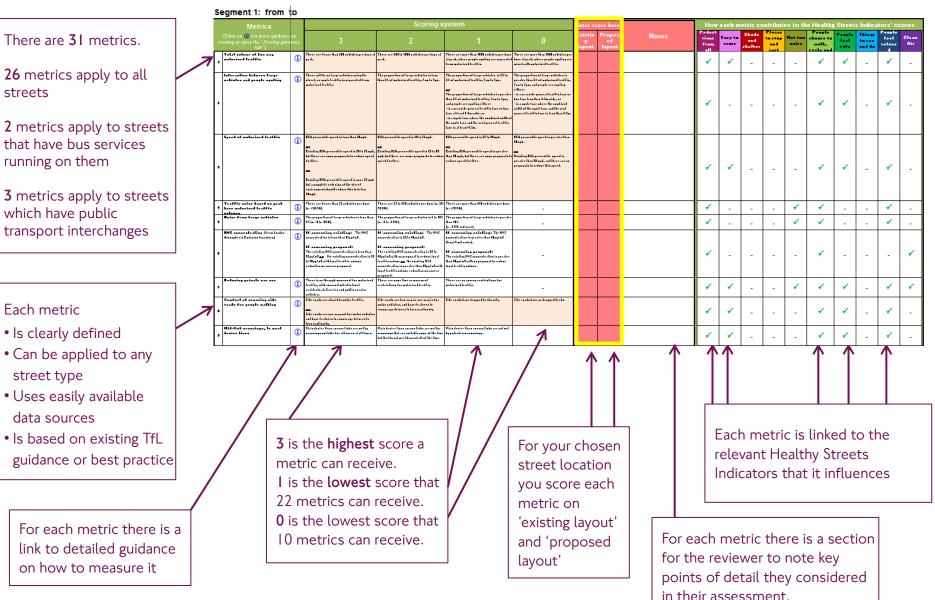
Each metric contributes to the relevant Healthy Streets Indicators. This is shown in green ticks next to each metric

Segment 1: from to

	Metrics			Scoring s	ystem		Enter sc	ore here		 How each metric contributes to the Healthy S 			Street	treets Indicators' scores					
	(Click on ① for more guidance oring or open the ' <i>Scoring guid</i> : <i>cab</i> ')		3	2	1	0	Existin g layout	Propos ed layout	Notes	Padart risar fram all	Eary ta crazz	Shada and shalter	Placar turtup and rart	Hat tas nairy	Paupla chunra tu ualk, crcla and	Paupla feal rufe	Things turee and du	Paupla faal raluxa d	Claar Air
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For example the first metric contributes to the overall score for 5 of the 10 metrics, the second metric contributes to the overall score of 4 of the 10 metrics.

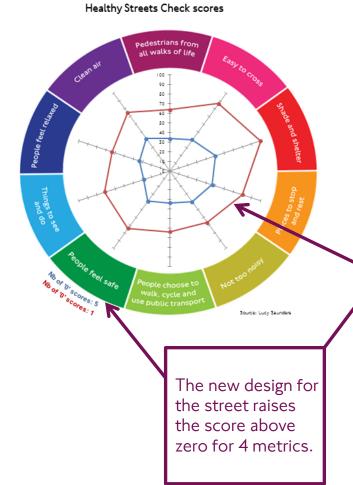
How the tool works



The outputs

Once every metric has been scored the spreadsheet adds together all the scores that have contributed to each Indicator and divides the score by the number of contributing metrics.

Example



Healthy Streets Indicators' scores (%) (Results will only display once all metrics have been scored)

	Existing layout	Proposed layout
Pedestrians from all walks of life	33	64
Easy to cross	40	87
Shade and shelter	50	100
Places to stop and rest	47	80
Not too noisy	40	67
People choose to walk, cycle and use public	33	64
People feel safe	39	74
Things to see and do	29	71
People feel relaxed	33	63
Clean Air	42	75
Overall Healthy Streets Check score	36	68
Number of '0' scores	5	1

If '0' scores are unavoidable, please explain why here:

There is a pinch points where footway widths are below 1.5m.A design solution could not be identified that could cost effectively resolve this because the street layout narrows and would not be wide enough for two way motorised traffic and footways of 1.5m on both sides of the street.

In this example the proposed design delivers an uplift across all Indicators even though there was not an improvement for all the metrics.

In the text box the designer explains why I zero score remains.

Name: Archway Gyratory Completion: 2017 Project cost: £12.8m

Strategic objectives:

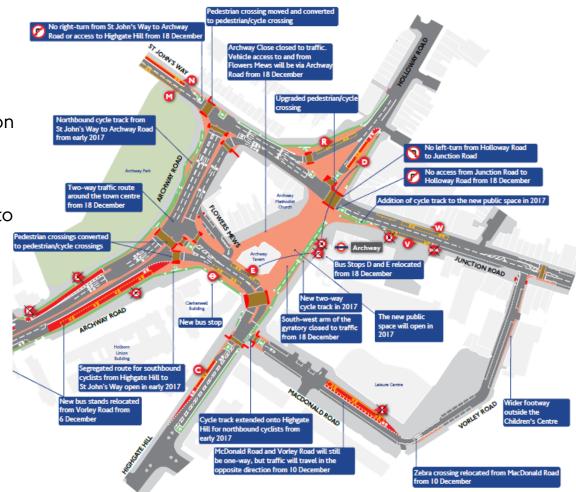
- Reduce traffic dominance around the town centre
- Improve the accessibility of the junction for cyclists
- Improve safety and the perception of safety
- Provide a high quality urban realm
- Protect the capacity of the AI
- Relocate all bus routes from Vorley Road bus stand





Main interventions:

- Changed the one-way gyratory traffic system to two-way operation
- Created a new public space
- Closed the southwest arm of the gyratory outside the Tube station to traffic
- Built new cycling infrastructure
- Installed a new street-level pedestrian crossing to replace pedestrian underpass
- Planted new trees





- Large volumes of motorised traffic travelling at speed.
- Y People cycling in traffic on narrow lanes with large vehicles.
- Absence of pedestrian crossings on desire lines, guard railing to prevent crossing.
- **X** Limited cycle parking.
- **X** Lack of places to rest or shelter.
- **X** Defects on pavement and cycling surface.



Traffic closures.

- Reduced traffic speed on other links.
- New segregated and on-road cycle lanes.
- New signalised crossing between tube station and new public space.
- New benches, trees, cycle parking.
 Fully accessible pavement & crossings.
 Minimised delays for buses.

- Large volume of motorised traffic travelling at speed.
- Yeople cycling in traffic on narrow lanes with large vehicles.
- Absence of pedestrian crossing on desire lines, fencing to prevent crossing.
- 🗴 Limited cycle parking.
- **X** Lack of places to rest or shelter.
- **X** Defects on pavement and cycling surface.



- All Indicators' scores have improved ٠ except 'Shade and shelter'.
- Overall score increased by 24 ٠ percentage points.
- 7 known road danger issues ٠ eliminated.

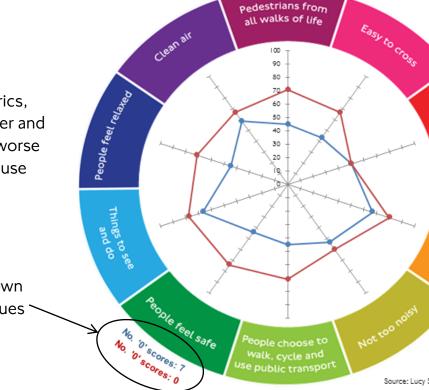


Shade and shelter

Source: Lucy Saunders



	Existing layout	Proposed layout
Pedestrians from all walks of life	45	71
Easy to cross	43	67
Shade and shelter	50	50
Places to stop and rest	67	80
Not too noisy	53	60
People choose to walk, cycle and use public	45	71
People feel safe	44	74
Things to see and do	67	78
People feel relaxed	45	71
Clean Air	58	67
Overall Healthy Streets Check score	47	71
Number of '0' scores	7	0



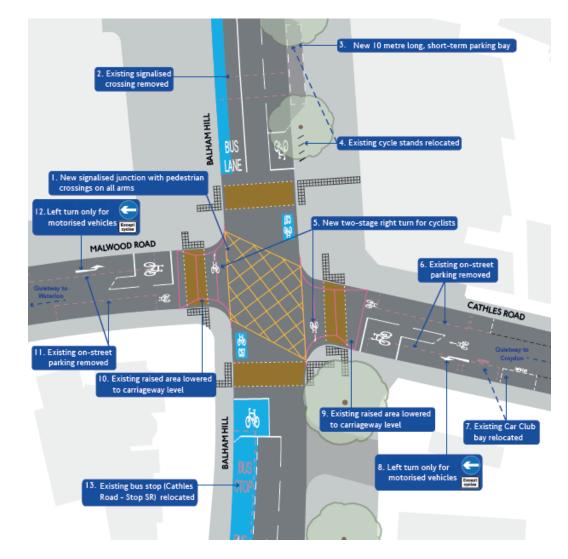
Out of 31 metrics, 17 scored better and only I scored worse (due to shared use on footway).

Number of known road danger issues ` in the before & after designs

Name: Quietway 5 Completion: 2017 Project cost: £350,000

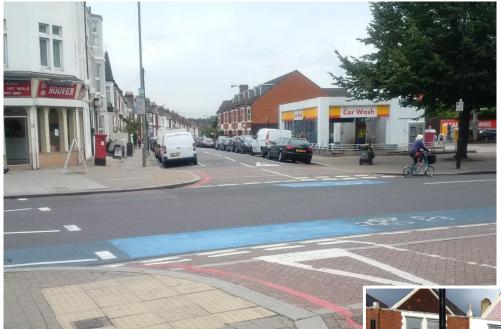
Objectives of the scheme:

- Deliver continuous and convenient cycle route on lessbusy back streets connecting Waterloo to Croydon.
- Improve crossing of Balham hill for people cycling and walking.





- Large volume of traffic travelling at more than 25mph.
- ✗ No right of way for people cycling and people walking.
- Insufficient riding space for people cycling.
- X Minor defects on walking and cycling surface.



- Large volume of traffic travelling at more than 25mph.
- ✗ No right of way for people cycling and people walking.
- Insufficient riding space for people cycling.
- X Minor defects on walking and cycling surface.

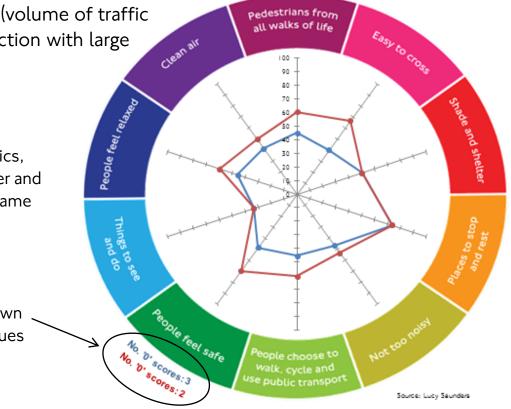
- New signalised junction with pedestrian crossings on all arms.
- Resurfacing of the junction, including the footway.
- On-street parking rationalisation.



- 7 out of 10 Indicators have improved scores
- Overall score increased by 15 percentage points.
- I known road danger issues eliminated (riding space).
- 2 road danger issues remaining (volume of traffic and interaction with large vehicles)

Out of 28 metrics, 13 scored better and 15 stayed the same score.

Number of known road danger issues in the before & after designs



Before



	Existing layout	Proposed layout
Pedestrians from all walks of life	45	60
Easy to cross	40	67
Shade and shelter	50	50
Places to stop and rest	73	73
Not too noisy	47	53
People choose to walk, cycle and use public	45	60
People feel safe	48	70
Things to see and do	33	33
People feel relaxed	46	60
Clean Air	42	50
Overall Healthy Streets Check score	46	61
Number of '0' scores	3	2

Healthy Streets Survey

Capturing how people experience the street

- 80 locations across London
- Over 8,000 randomly selected respondents
- 10 minutes-long interviews
- Respondents asked to score various elements of the street
- Findings published 2017

Expectation

Experience

Key insights

- Londoners experiences of streets do not meet expectations
- People's overall satisfaction with streets is consistent with the Healthy Streets scores, suggesting that the Healthy Streets Approach will increase customer satisfaction
- Motorised traffic has a negative impact on people's experience of the street

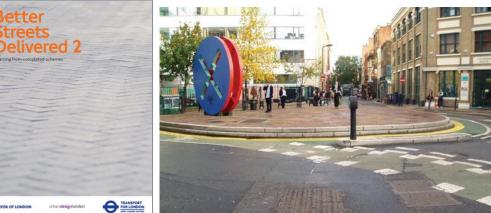


Key findings from the Healthy Streets Survey

HEAT calculations

A monetisation tool

- Online tool for monetising health benefits of uplift in walking and cycling
- Recommended by DfT in webTAG
- TfL is applying this tool to its schemes
- Training is provided on request





Valuing the health benefits of transport schemes

Guidance for London

MAYOR OF LONDON



Monetised health benefit of these improvements







Before

After

Small Change, Big Impact

A delivery tool

- Practical guide for implementing light touch and temporary projects
- Tips on how to overcome hurdles
- Technical guidance on delivery
- Includes case studies to inspire you
- Links to other tools and resources
- Directory and glossary



Small Change, Big Impact A practical guide to changing London's public spaces

Delivering the Healthy Streets Approach

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